

Experience the race IN YOUR **OWN WHEELCHAIR**

Your wheelchair will be donated to Charity of Choice

SPONSOR
A WHEELCHAIR
For Only
R2500



Help **RAISE FUNDS** for our disabled athletes
RSVP: Michelleoshea89@gmail.com

Proud **Sponsors** Of The **Crazy Chick** Challenge

www.guts2glory.co.za • www.facebook.com/guts2glorysport
twitter.com/guts2glory • www.youtube.com/user/guts2glorysport
pinterest.com/guts2glory

GUTS2GLORY 
SUPPORTING DISABLED ATHLETES



Be part of this **CRAZY**
Challenge

10 km Wheelchair Race
10 km Fun Run, Walk
5 km Fun Run, Walk

Groot Constantia Wine Estate
26th September 2015


Crazy Chick
Challenge

GUTS2GLORY 
SUPPORTING DISABLED ATHLETES

This year, due to popular demand from our last year's participants, we're returning to the historic and picturesque grounds of the Groot Constantia Wine Estate and our dream is to accommodate **200 race participants**.

The race will cover **3 categories - Wheelchairs, runners and walkers**

- to say that it's designed to be a physical and mental challenge of note is an understatement - we want people to be pushed out of their comfort zones!

This year's event is designed to be bigger and better than last year and in keeping with this we're challenging contestants to up the ante somewhat:

- Our disabled athletes will be required to do a **2** loop course in their wheelchairs of the lower vineyards on the Estate.
- The able-bodied contestants will be required to enter the race as a team of 2

Important **TIMES** to remember

Registration: 07:30am - 08:00am

START TIMES

Wheelchair race: 8:30am

Runners/walkers: 8:45am

Runners/walkers: 8:50am

Cut off: 11:00am

Prize Giving: 12:00am (1st, 2nd and 3rd place for Wheelchair race only, medals for all, spot prizes)

26th September 2015

Proud Sponsors Of The Crazy Chick Challenge

ENTRY FORM

Race distance 5km 10km

ID

Number

Surname

First Name

Postal Address

Code

Work/Home Tel

Cell

Email

Date of birth D/M/Y Age

Number Collection COLLECT ON RACE DAY

In case of emergency Name

Relationship

Contact Tel

Payment

5km R50

10km Walk/Run R100

Wheelchair Disabled R70

Wheelchair Team R2500

(wheelchairs need to be paid for prior to race)

Banking Details:

Account: Guts 2 Glory Foundation Trust

Bank: ABSA Bank

Current Account: 9273429626

Helderberg Bizstart Branch

Branch Code: 632005

Please use your ID number as reference for EFT's and deposits.

Guts 2 Glory Foundation Trust Reg No: IT124/2012

Indemnity/Waiver

I agree not to hold the organisers of the Crazy Chick Challenge or any other sponsors, or any persons assisting in the organisation of the RACE liable for any injury or illness which I may suffer directly as a result of participating in the RACE, for any damage to my property or loss of my property which I may suffer directly or indirectly as a result of participating in the RACE.

Signature: _____ Date: _____

Parent/Guardian: _____ Date: _____
for under 21s

Enquiries: michelleoshea89@gmail.com

Facebook: www.facebook.com/guts2glorysport